

Introducing Pain Rehabilitation Outpatient Camp (PRO-CAMP)

Help Your Patients Find Long-Term Pain Relief

Chronic pain does more than hurt. It can rewire the areas of the brain responsible for mood, behavior and function. As such, patients can fall into a cycle where pain causes despair and limited mobility, which in turn causes more pain.

AMITA Health Pain Rehabilitation Outpatient Camp (PRO-CAMP) aims to break this cycle by addressing the psychological, physical and lifestyle changes caused by chronic pain during a six-week group program. We do more than just help reduce pain today. We also give your patients the tools to manage their pain tomorrow. By the end, they can expect to experience:

- Improved physical functioning
- Strengthened coping skills
- Modified, healthier lifestyles
- Increased self-reliance
- · Enhanced quality of life

Our Clinical Team

AMITA Health Neurosciences Institute

- Ankur Dave, M.D.
- Konstantinos Kostas, Ph.D.
- Keith Schmidt, M.D.
- Lina Liu, Psy.D.
- Susan Lesher, Ph.D.
- Patricia Pietrusiewicz, N.P.

AMITA Health Outpatient Rehabilitation Program

- · Lamprini Gousi, P.T.
- Charles Herring, P.T.A.
- Stefania Missanelli, O.T.R.
- Tomasz Wala, P.T., D.P.T., O.C.S.

Refer a Patient to PRO-CAMP

AMITA Health providers, search "PRO-CAMP" on iAMITA for detailed information about patient referrals.

All other providers, please email Konstantinos.Kostas@AMITAhealth.org

AMITA Health St. Alexius Outpatient Center Diagnostic Imaging 347 W. Golf Rd. Schaumburg, IL 60195 847.252.8820

AMITAhealth.org 855.MyAMITA (855.692.6482)

